



## Secret Supplement for *Natural Energy* -CoQ10 Ubiquinol – A Heart Power™ Health Product **Now Soy Free Formula!**

Ubiquinol – is simply the best!



- Improves Energy Levels
- Shown to Decrease Blood Pressure
- Slows Down the Aging Process
- Enhances Immune System
- Proven Heart Health Benefits
- Nullifies some side effects of pharmaceutical drugs

### **CoQ10 is the energy boost needed especially in the heart muscle!**

It's important to note that your body produces CoQ10 but after age 30 we start to lose some of that production. Since

it is the enzyme that makes ATP for muscular energy, the heart truly needs this supplement for its non-stop work. Many heart ailments can be helped by supplementing with CoQ10. CoQ10 is the "King of Cardiac Nutrients." If you are on a statin regimen, if you use red rice yeast, then CoQ10 becomes that much more important. Optimal Health Bridge is very happy to be able to bring you the purest form of CoQ10, that is "pre-converted" and ready for immediate use by the muscles in your body, especially the most important muscle of all, your heart.



Smile!

Garey Simmons is a holistic health coach, dietary supplement expert and board certified by the American Association of Drugless Practitioners. Garey turned his health challenges around in just a few months by using Omega-3 supplements. Garey is a graduate of the New York Institute of Integrative Nutrition and lives in Baltimore, MD and is the father of ten children.

"Smile at the fact your body works flawlessly 99% of the time!"

**Garey's Signature Guarantee:** I personally stand behind my products, my website and my staff. If you have any concerns, please ***contact me for a quick response!***  
Optimal Health Bridge: 1-877-572-3444  
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One of the most common complaints of our senior citizens and baby boomers is a lack of energy. It's common and expected and assumed that as we age we slow down. More muscle aches and cramps, joint problems, weight problems, the list goes on. Some of the energy decline is a natural occurrence, but much of it is pharmaceutically induced. If You Take Lipitor®, Zocor® or Any Other Cholesterol-Lowering Drug: "The widespread use of statins — cholesterol lowering drugs — is of concern because they lower natural levels of CoQ10. "Since CoQ10 is needed in the chain of events that produces energy, reduced CoQ10 levels may lower cell energy metabolism. "This might show up as cardiomyopathy with exercise intolerance — heart failure." — The Lancet Medical Journal

PLUS, more than 120 OTHER prescription drugs can cause severe CoQ10 deficiencies in your body! The **ONLY** way to make sure your heart, your brain, your muscles and every organ in your body has the CoQ10 needed for optimum health and faster healing is to take CoQ10 supplements daily.