

Hyperlose Blood Pressure Support

If your blood pressure is high, there are risks of aneurism, stroke and heart attack. Hyperlose (Pronounced "Hyper-lowz") will work with your body to normalize your blood pressure. The ingredients are synergistic in composition and clinically and traditionally formulated to reduce and prevent high blood pressure. If your blood pressure spikes with stress, it is recommended that you pursue a stress management protocol in addition to the use of Hyperlose.



Smile!

Garey Simmons is a holistic health coach, dietary supplement expert and board certified by the American Association of Drugless Practitioners. Garey turned his health challenges around in just a few months by using Omega-3 supplements. Garey is a graduate of the New York Institute of Integrative Nutrition and lives in Baltimore, MD and is the father of ten children.

"Smile at the fact your body works flawlessly 99% of the time!"

Garey's Signature Guarantee: I personally stand behind my products, my website and my staff. If you have any concerns, please **contact me for a quick response!** Thank you!

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Supplement Facts		
Serving Size: 1 Capsule		
Amount Per Serving	%Daily Value	
Vitamin C (ascorbic acid)	60 mg	100%
Vitamin B-6 (pyridoxine hcl)	5 mg	250%
Niacin (granular)	2.5 mg	13%
Folic Acid	100mcg	25%
Vitamin B-12 (cyanocobalamin)	100mcg	1667%
Garlic (1.3% extract / odorless)	150 mg	*
Hibiscus Flower Powder	100 mg	*
Olive Leaf (15% extract)	75 mg	*
Coleus Forskohlii (Forslean 10% extract)	75 mg	*
Hawthorne Berry (1.5% extract)	150 mg	*
Buchu Leaves (4:1 extract)	25 mg	*
Uva Ursi (4:1 extract)	15 mg	*
Juniper Berry (powder)	15 mg	*
Green Tea (50% decaffeinated extract)	15 mg	*

* Daily Value not established.

Needed Vitamins

Needed Herbs

Hyperlose - A Natural Solution for HBP!

Hyperlose – Blood Pressure Support. *Tried and Proven Herbal Remedy Best Prices You Can Find Anywhere*

There are Different Ways of Controlling High Blood Pressure Blood is the carrier of oxygen from our lungs to different tissues in the body. An average adult has approximately five liters of blood circulating to various parts of the body through a complicated system of arteries, veins and capillaries.

The blood also carries harmful wastes to the kidneys in order for them to be removed. In addition, blood delivers hormones from our glands to different body parts of our bodies as well as transfers nutrients and vitamins from our digestive tracts.

If there is a build up of cholesterol and fats in the blood vessels, they become clogged causing the heart to pump faster and harder so that enough blood will be carried out to different vital organs in the body. This is what causes hypertension or better known as "high blood pressure" and when this happens, controlling high blood pressure becomes critical. The higher the blood pressure increases inside our blood vessels the more our hearts become overworked. This will cause our hearts to become larger because of its effort to pump harder which will eventually cause it to become weaker. There are several causes of hypertension. They are the following below:

1. Obesity
2. Smoking
3. Excessive drinking of alcohol
4. Lack of exercise
5. Heredity
6. Age
7. Stress

Hypertension also has its complications. If your blood pressure is extremely high, there are risks of stroke and heart attack. For this reason, it is very important that you know your blood pressure. Hypertension is often called the “silent killer” because it does not have any signs or symptoms.

However, if your blood increases, you may experience the following:

- Severe headaches – Chest congestion – Vision problems – Fatigue and stress – Irregular heartbeat – Blood in the urine

There are several ways of controlling high blood pressure.

Please follow the guidelines below:

- In controlling high blood pressure, it is important that you always monitor your blood pressure.
- Proper diet and exercise are excellent ways of controlling high blood pressure. Obese people are more prone to hypertension and losing weight can help greatly in addition to eating fruits and vegetables.
- Smoking can also cause hypertension. If you smoke, reducing the number of cigarettes that you smoke per day will effectively lower your blood pressure but the best thing to do is quit smoking. It will not only benefit your heart but the rest of your body
- Too much alcohol intake can increase blood pressure. It is advisable to drink moderately.
- The stresses of everyday can contribute to hypertension. Make a plan to reduce anxiety and stress. Meditation, prayer, even a yoga practice can be helpful in reducing stress.

The guidelines above are known to be effective in controlling high blood pressure. (Hypertension is a serious health risk. Always consult your physician to get more information.)

Quick Tip: Walking for 10 minutes four times a day will assist in lowering blood pressure.

A regular yoga practice can help with BP reduction.